

Writer And Newspaperman Reveals... How I lost 82 lbs of Painful Fat

Read my story ...

"My name is Tony Bender. I live with my wife Julie and our 2 kids. You may have seen Julie or me in a weight loss ad before. I lost 82 pounds with the kick-start I got from this program, going from a size 50 waist to a 36 in five months."

Struggling With Fat

I've always struggled with my weight and I had really given up. I had dieted, done other programs, but I always gained the weight back - plus an extra 30 or 40 pounds. I was afraid it would happen again. But this program helped me take a positive approach to making some easy lifestyle changes.

Ultimate Solution

It was Julie's idea. Weight had become an issue for her, too. She heard of people in the area who had success with hypnosis. She convinced me to go to a screening with her. I remained skeptical but we started the program and things began changing fast. We changed completely how we ate and thought of food. We began exercising. Just a few small changes in my lifestyle brought me to a whole new level of energy. Now I have more energy and more hours in the day to spend with my children. I'm a better person now and a better father.

Life Transformed

As a writer and newspaperman, integrity is a requirement, so I would not lend my name to a promotion of any program unless I really believed in it. This program has helped me transform my life and take it to another level. It was an absolute bargain. I mean, what is having your life transformed, worth?

Power Benefits

Now, when I'm making public appearances, I look better and people react better. People sense how you feel about yourself and as James Brown said, "I feel good!" Now my knees and ankles don't hurt. My blood pressure is down. And my cholesterol is down. Sleep apnea had become a real problem as my weight increased - a real threat to my health. I was forced to seek medical help. Now, no more apnea. Plus, my snoring used to rock the house. Now, I hardly snore at all, and everyone is sleeping better!

**Call Now For Your
Free Screening .**



**Tony Bender
AFTER 82 pound
weight loss**

Tony is the author of
Loons In The Kitchen and
The Great and Mighty Da-Da.

**Tony Bender BEFORE
82 pound weight loss
with hypnosis**

TWIN CITIES

6545 France Ave. S., Suite 611
Edina, MN 55435

952-922-8595

HYPNOSIS

1970 Oakcrest Ave, Suite 102
Roseville, MN 55113

651-287-0953

MORE RESULTS....

Works As Advertised!

I'm early in the program, but I feel very good about what I have experienced so far. I'm not constantly hungry, and my energy level is much greater. I feel confident that I will reach my goals. I'm much more relaxed and able to deal with every day stresses confidently and easily. This program is working as advertised.

Mark Benesh, *Financial Services Rep.*

Recommended!

I have been using hypnosis for about 7 weeks now and I find that I am more relaxed, have more energy and look forward to doing things. I enjoy walking outdoors and how my clothes are getting looser. I am seeing results and highly recommend hypnosis to anyone.

G. Leingang, *Administrative*

Changed Life!

My life has changed so much for the best, my clothes fit better, and no more soda pop. I have quit taking my pills that I was on for depression. I am much more happy. Coffee breaks for me have gone from pop and candy to visiting and water. I would have never gone on a weight loss program on my own. I could tell I needed help and got some.

Carla Resner, *Secretary*

Fun!

I have had a lot of fun with this program. I learned the correct way to eat and exercise. I walk every night and look forward to it each and every night. I have learned to drink more water than I used to. By doing this program I sleep more soundly at night. I would recommend this program to others.

Sharon Schwartzbauer, *Dispatcher*

Dramatic Change!

Before coming to this program I was the type of person to go to work, come home and do nothing. Since starting this program, my life has changed dramatically. The exercise and the 16 pound weight loss in 6 weeks has given me a new look on life, more energy and for once in my life exercise has become fun that my children even want to exercise with me.

Kathy Smith, *Security*

Down A Size!

This program has helped me change my attitude toward eating. I do not crave sweets like I used to and I hardly drink any pop. For at least fifteen years I drank a can of pop for breakfast, and I was able to kick that habit. It is so nice to go shopping and have clothes fit nicely and having to go down a size instead of up. The hypnosis has helped to relax me and relieve my stress level.

Jackie Bischof, *Title Co. Management*

Wow!

Wow! Week one and I feel great. My family said I look 20 pounds thinner. I was so surprised how easy it was to give up diet coke and drink lots of water. I automatically made good choices, felt satisfied with good foods, and best of all things, was when I started to exercise, "I used to hate it." Look out world here I come!

Lora Hochhalter, *Stylist*

Incentive!

This program has really given me the incentive to exercise and watch what I eat. I feel much more energetic to do things instead of putting them off. I no longer have the urge to overeat or eat sweets. I have tried other programs but always fell back to my old ways. The program gives me the willpower to do it on my own.

Ervin Vetter, *Retired*

"We believe that we offer the best service available, the lowest possible cost, with the least amount of hassle. Here's why..."

PROFESSIONAL FACILITIES

Professional Hypnotist with in-depth experience in hypnosis provides individual sessions for custom programs in our office.

STAY WITH IT GUARANTEE

Regardless of how many sessions you may need to attain your desired results and goals, we stay with the problem until you are happy. We offer a Written Service Guarantee.

FREE HYPNOTIC SCREENING

We give a 30-40 minute screening. It's fun and informative. We will give you an honest and in depth explanation of hypnosis and evaluate your situation. If we do not feel hypnosis will benefit you, we will tell you so. Call now and make an appointment for your screening.

WEIGHT LOSS • SMOKING • SELF CONFIDENCE

Individual results vary.

Endorsements produced by clinics using McFall method of hypnosis training

AMERICAN
EXPRESS

VISA

DISCOVER

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